

# **PARTICIPANT INFO PACK**

***ERASMUS+ YOUTH EXCHANGE***

***WE DREAM GREEN***

***#RURALLYOUTH4CLIMATE***

**Durđevac, Croatia**

**7TH – 15TH  
OCTOBER 2025**

**7 countries  
35 participants**





# **WE DREAM GREEN #RURALLYOUTH4CLIMATE ERASMUS+ YOUTH EXCHANGE**

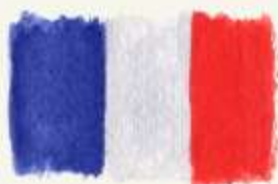
**ĐURĐEVAC, CROATIA | 7TH – 15TH OCTOBER 2025**

**Host:**

**SUMA - Association for Sustainable Development**

**Partners**

- **Asociatia Tinerilor Responsabili-ASTRE (RO)**
- **Lunghe Frequenze APS (IT)**
- **Green Youth (FR)**
- **(CY)**
- **Le Fagotin asbl (BE)**
- **Mladinska zadruga Panotrip z.b.o. - socialno podjetje (SI)**





**Dear Participants,  
Welcome to the “We Dream Green #RuralYouth4Climate” project.**

**We are pleased that you will be part of this Erasmus+ Youth Exchange. The SUMA team and our partners have prepared an educational experience for you.**

**We look forward to a week of exploration, learning, and creating positive changes for our environment and for rural communities across Europe. We believe this experience will enrich your perspectives and encourage further action.**

**See you soon in Đurđevac.**





## What is our aim?

*The “We Dream Green #RuralYouth4Climate” project is a response to the need to empower young people from rural areas to become active and informed participants in addressing climate change. We aim to provide you with tools, knowledge, and a support network.*

### Main project objectives

- *To empower young people from rural areas to take a role and participate in addressing climate change at local and global levels.*
- *To promote the principles and practices of sustainable development within your communities.*
- *To enhance knowledge and understanding of the impacts of climate change on rural areas and to explore applicable solutions.*
- *To develop practical skills for planning and implementing climate actions.*
- *To encourage intercultural exchange and cooperation among young people from different European rural areas.*

**Why this project? Rural areas are vulnerable to the effects of climate change. Young people like you, with new ideas and energy, are key to driving change and building a sustainable future. Your engagement can make a real difference.**





## Who are we?

*SUMA - Association for Sustainable Development was founded in 2020 in Podravske Sesvete. Our mission is to promote the principles of sustainable development in rural and urban environments, with an emphasis on empowering local communities. Most of our members and leadership are young people.*

### Our fields of action

- Sustainable development Rural youth
- EU projects (Erasmus+, ESF+, CERV)

### SUMA team members for this project

**Vladimir Miloš:** *President of the association, project coordinator, and your main facilitator.*

*Vladimir has experience in managing EU projects, with a focus on agriculture, rural development, and sustainability.*

**Leo Fel:** *Vice-president of the association, responsible for organisational aspects and pre-mobility tasks.*

### Contact SUMA

**E-mail:** [udrugasuma@gmail.com](mailto:udrugasuma@gmail.com)

**Web:** [www.udrugasuma.hr](http://www.udrugasuma.hr)



**You are central to this project, bringing ideas and the potential to be ambassadors for sustainability.**

### **Participant Profile**

**Age:** *Young participants (18-29 years old); Group leaders (21-29 years old).*

**Origin:** *You come from rural areas of Croatia, Slovenia, Belgium, Cyprus, France, Italy, and Romania.*

**Interests:** *You have an interest in climate change, sustainable development, and are motivated to contribute to your communities.*

**Language:** *You have communication skills in English (minimum B1 level).*

**Experience:** *Many of you have experience in local initiatives or environmental projects.*

### **Number of Participants**

**APV:** *12 people (1 group leader + 1 young person per partner).*

**Youth Exchange:** *35 people (4 young participants + 1 group leader per country).*

### **Your Role:**

We expect your active participation in all activities. Your sharing of experiences and ideas is key to this exchange.



# The Venue: Đurđevac, Croatia

**Welcome to Đurđevac,  
a town in the Podravina region of Croatia.**

## **About Đurđevac**

Đurđevac is located in northwestern Croatia. It is known for its history, cultural heritage, and natural surroundings.

**The Legend of the Picoks:** *The town's most famous story is about the local population's clever defence during a siege. The "Picokijada" festival celebrates this legend annually.*

**Đurđevac Sands ("Croatian Sahara"):** *A protected geographical-botanical reserve, this is a remnant of a desert with unique vegetation. It will serve as an inspiration for our environmental themes.*

**Đurđevac Old Town:** *A medieval fortress that now houses a museum and art galleries.*

**Đurđevac provides a calm environment for our youth exchange.**







# Accommodation & Meals

**Venue:** Hostel Borik, located in Borik park-forest.

## **Preparatory Visit (APV)**

**15th – 18th September 2025**

*Accommodation: 12 persons*

*Participants will be accommodated in two separate dormitories (6 people in each), separated by gender.*

## **Meals**

*The meal plan starts with dinner on Monday, 15th September.*

*Full board (breakfast, lunch, dinner) will be provided on Tuesday, 16th and Wednesday, 17th September.*

*The meal plan ends with breakfast on Thursday, 18th September.*





# Accommodation & Meals

**Venue: Hostel Borik, located in Borik park-forest.**

**Youth Exchange (YE)**

**7th – 15th October 2025**

*Accommodation: 35 people.*

*Accommodation will be arranged in a mix of rooms: one twin room (2 people), one triple room (3 people), and two larger dormitories (15 people in each). Room arrangements will be finalised closer to the date.*

## Meals

*The meal plan starts with dinner on Tuesday, 7th October.*

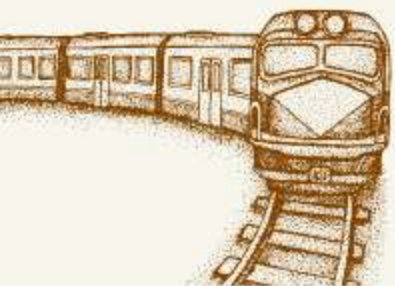
*Full board will be provided every day from Wednesday, 8th October to Tuesday, 14th October.*

*The meal plan ends with breakfast on Wednesday, 15th October.*

*Dietary needs: It is important that you inform us of any specific dietary needs (allergies, intolerances, vegetarianism, veganism, etc.) through your group leader, so we can arrange appropriate meals.*







# Travel Logistics

## General instructions

**Please start planning your journey as soon as possible.**  
**Your group leader will assist you in organising your travel.**

**Important:** *All tickets must be **approved by SUMA before purchase** to ensure they comply with the project rules.*

## Green Travel:

**We encourage using environmentally friendly transport like trains and buses.**  
**Green travel is strongly recommended for participants from: Croatia, Romania, Italy, Belgium, and Slovenia.**

## Travel Cost Reimbursement

*Travel costs will be reimbursed up to the maximum amount set by the Erasmus+ distance calculator.*

**Croatia: up to €56 (green travel)**  
**Romania: up to €417 (green travel)**  
**Italy: up to €285 (green travel)**  
**France: up to €309**  
**Cyprus: up to €309**  
**Belgium: up to €417 (green travel)**  
**Slovenia: up to €285 (green travel)**





## **Required documents for reimbursement (KEEP ALL ORIGINALS)**

*Original tickets (plane, bus, train).*

*Invoices/receipts.*

*Boarding passes for all flights.*

*Proof of payment (e.g., bank statement).*

**Reimbursement will be made by bank transfer after the project, upon receipt of all correct documents.**

### **How to reach Đurđevac**

*The nearest major airport is Zagreb (ZAG).*

*From Zagreb, you can reach Đurđevac by train or bus. The journey takes approximately 2-2.5 hours.*

**Train information:** <https://www.hzpp.hr/en>

**Bus information:** <https://www.akz.hr/en>

**The SUMA team will assist with transport from the station in Đurđevac to the hostel. Please inform us of your arrival times.**





# Activity Schedule

## Main Project Activities

### 1. Preparatory Visit (APV)

Dates: 15th – 18th September 2025.

Arrival: Monday, 15th September (afternoon).

Departure: Thursday, 18th September (morning).

Who: 1 group leader + 1 young participant from each partner country.

### 2. Youth Exchange (YE)

Dates: 7th – 15th October 2025.

oArrival: Tuesday, 7th October (afternoon).

Departure: Wednesday, 15th October (morning).

Activity Days: Wednesday, 8th Oct – Tuesday, 14th Oct (7 full days).

Who: 4 young participants + 1 group leader per country.

*Note: A detailed schedule will be provided before each activity. The programme is subject to minor adjustments*







# Preparation Before Arrival

**To make the most of the exchange, please prepare the following:**

## **1. "Local profiles" of your rural community**

*Research and prepare a short profile of your rural area. Include its geography, specific climate challenges, and any local environmental initiatives. This will be used in our workshops.*

## **2. Preparation for "Rural mosaic" (intercultural evenings)**

*Each national group will prepare one evening to present their country and rural culture. You can bring traditional food/drink, music, stories, photos, or small local products. Coordinate within your national team.*

## **3. English language**

*The working language is English. Please be prepared to participate in discussions. We will provide a "Climate glossary" of key terms to help you.*

## **4. What to bring (Packing list)**

*Comfortable clothes suitable for October weather in Croatia (layers are recommended, include a jacket and a raincoat).*

*Comfortable walking shoes and sports shoes.*

*Personal hygiene items and any personal medication.*

*A reusable water bottle.*

*A power adapter if needed (Croatia uses Type F sockets, 230V).*

*A notebook and pen.*

## **5. Currency**

*The official currency in Croatia is the EURO (€).*







# Health and Safety

**Your well-being is our priority.**

**European Health Insurance Card (EHIC).** *This is mandatory for all participants from EU/EEA countries. It provides access to necessary state-provided healthcare. Please check that your card is valid.*

**Travel insurance.** *We strongly recommend that all participants take out additional travel insurance. This can cover a wider range of situations, such as private healthcare, lost luggage, or travel cancellation.*

**Code of conduct.** *We expect all participants to behave responsibly and with respect for others. A Code of Conduct will be presented and agreed upon on the first day to ensure a safe environment for everyone.*

**Safety during activities.** *All activities will be led by experienced facilitators. Please follow their instructions, especially during outdoor activities.*

**Emergency contacts.** *A list of important numbers (emergency services, SUMA team contacts) will be provided to you.*





# What Happens After the Project? (Follow-up)

**Our engagement does not end with the youth exchange.**

**1. Online campaign with your video messages.** *The videos you create will be shared on social media to raise awareness and inspire other young people. We will use the hashtag #RuralYouth4Climate.*

**2. Publication on youth work methods.** *We will create a handbook detailing the non-formal methods used during the exchange. Your experiences will be included, and the publication will be a public resource for other youth workers and organisations.*

**3. Applying what you've learned in your communities.** *We encourage you to use the knowledge and skills from this project to start your own local activities. SUMA and its partners will be available to offer support.*

**4. Stay connected.** *Keep in touch with other participants and the partner organisations. This network can be a source for future projects and collaborations.*





# Questions?

**This is the time for any questions you may have.**

**Whom to contact:**

**For general questions about the project, programme, or logistics in Croatia:**

- SUMA - Udruga za održivi razvoj
- Main Contact: Vladimir Miloš
- E-mail: [udrugasuma@gmail.com](mailto:udrugasuma@gmail.com)

**Do not hesitate to ask if anything is unclear.**





**See You in Đurđevac!**

**Thank you for your attention. We hope this information has been useful.**

**We look forward to meeting you all, and to working together to build a greener future for our rural areas. We wish you a safe journey to Croatia.**

**See you soon!**

**#ErasmusPlus #WeDreamGreen**

**#RuralYouth4Climate #YouthExchange #Croatia**

